

Grid-Down Ready: Your Next Step

Find your weakest link. Take one step. Repeat.

Fill this in while you watch the replay, or right after. The goal is simple: walk away with one next step you'll actually do this week. Print it, write on it, stick it on the fridge.

STEP 1 The 10-minute reality check

Flip your main breaker and walk the house. Write down everything that stops working. That list is your reality, it's exactly what your plan has to cover.

What stopped when the power went off:

My must-haves (keep this list short, the smaller the better):

STEP 2 Score your four systems

Be honest. Mark where you really are, and name the biggest gap.

SYSTEM	WHERE I'M AT	MY BIGGEST GAP HERE
WATER	☐ Not started ☐ Started ☐ Solid	
HEAT	☐ Not started ☐ Started ☐ Solid	
FOOD	☐ Not started ☐ Started ☐ Solid	
POWER	☐ Not started ☐ Started ☐ Solid	

MY WEAKEST LINK RIGHT NOW IS:

This is where your next dollar and next weekend go first.

KEEP THESE NUMBERS HANDY from the class

WATER	1-2 gallons per person per day, 14 days minimum. Family of 4 = 56 gallons.
HEAT	Even a gas furnace needs power for the blower. Shrink the space, a hat is a huge heat saver.
FOOD	The store is a 3-day buffer, not a pantry. Keep the freezer full, open it once a day.
POWER	Generator alone is about 170 gallons for 2 weeks. Add a power station and it drops to about 19.

STEP 3 Your first move on each system

One small, specific, dated step per system. You don't do all four this week, start with your weakest link.

1 WATER

My number: _____ people x 14 days x 1-2 gal/day = _____ gallons

I have about _____ gallons stored right now.

First step this week: _____ Done by: _____

2 HEAT

Can we stay warm tonight without the grid? ☐ Yes ☐ No

My Sleep Sanctuary covers _____ days (aim for 7-14).

First step this week: _____ Done by: _____

3 FOOD

Days we could eat on what's in the house now: _____

Can we cook with no power? ☐ Yes ☐ No

First step (one \$50-75 run): _____ Done by: _____

4 POWER

My top must-have loads: _____

Have a generator + a power station? ☐ Yes ☐ No

First step this week: _____ Done by: _____

MY ONE NEXT STEP IN THE NEXT 24 HOURS:

A real step beats good intentions every time.

Signed: _____ Date: _____

Want this dialed in for YOUR home, your well, your budget?

That's exactly what we do together inside The Ready Life Academy, starting with Your Next Step. We pinpoint your weakest link and map your precise next move, so you stop guessing and quit buying twice.

thereadylife.com/class-special-academy

We prepare for the worst, hope for the best, and leave the rest in God's hands.