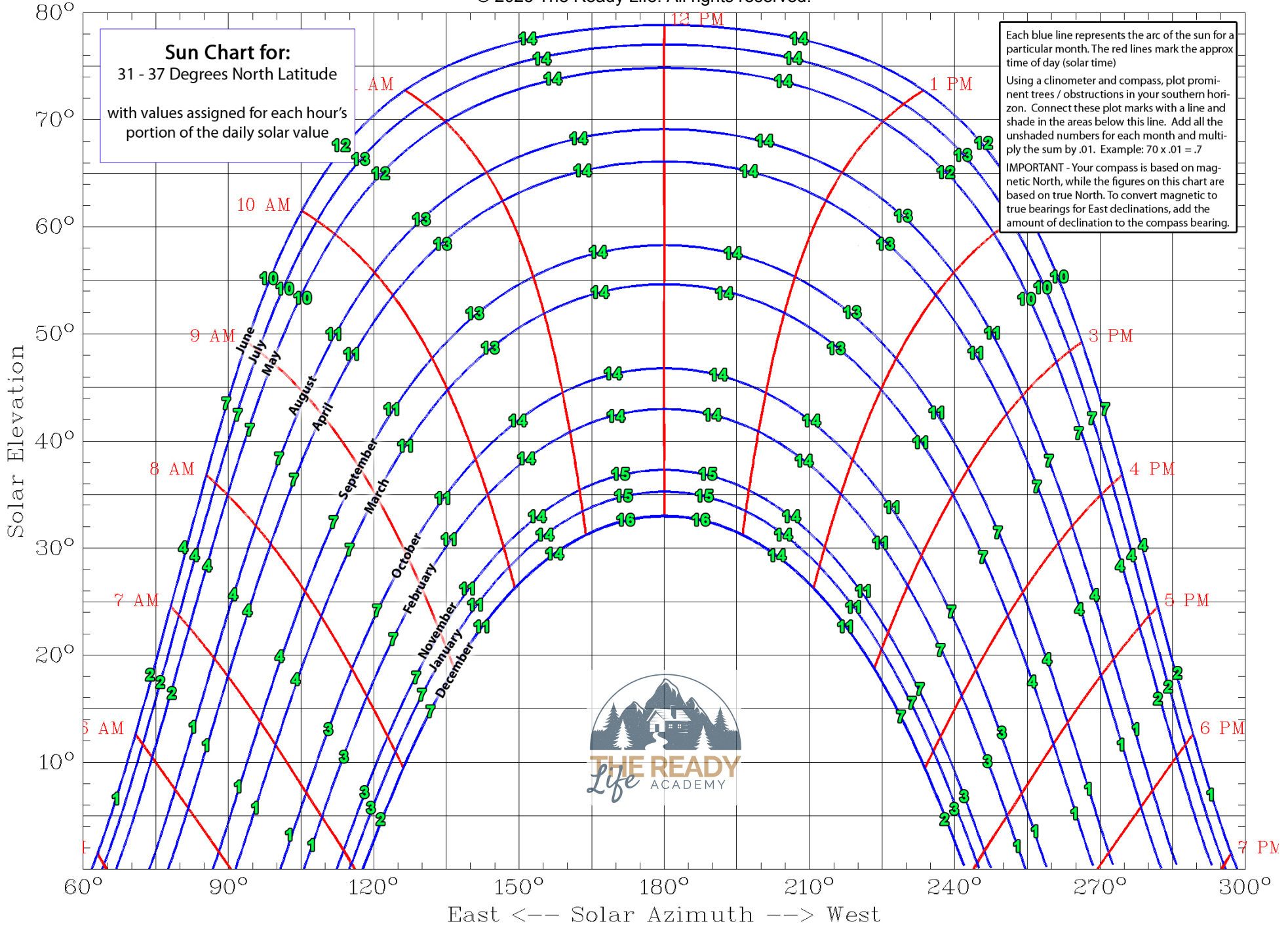© 2025 The Ready Life. All rights reserved.