



THE GRID-DOWN SCORECARD

How long could your family survive without the grid?

1 • GRADE EACH SYSTEM

Water, food, heat, and power each get a letter, based on your real situation. Grade honest. Nobody sees this but you.

2 • CIRCLE YOUR LOWEST

These 4 systems fail together. Your lowest grade is your family's answer, and your starting point.

3 • TAKE ONE STEP IN 24 HOURS

Each system below has a first step. Do the one that matches your circle. Good intentions never kept anybody warm.

F

Under 3 days

C

2 weeks covered

B

30+ days, plus a way to replenish

A

As long as it takes: independent

WATER

MY GRADE

- F** Nothing stored (whatever's in the pipes)
- C** 14 days stored · 1–2 gallons per person per day
- B** Stored water + a nearby source + a non-electric filter
- A** Independent supply: hand pump on the well · gravity spring · solar-powered pump

My number: _____ people × _____ gal/day × 14 days = _____ gallons (family of 4 = 56 gal minimum)

Partial credit: a tank-style water heater holds 30–50 hidden gallons.

FIRST STEP: Figure your number and fill the gap on your next grocery run (flats of bottled water are fine). Already stored up? Add a non-electric gravity filter (Berkey, AlexaPure).

FOOD

MY GRADE

- F** 3 days or less... or no way to cook it (or keep it frozen) without power
- C** 2 weeks of meals your family actually eats + an off-grid way to cook, with fuel
- B** 1–3 month rotating pantry, built from a real menu
- A** Months stored + producing and preserving your own (garden · canning · root cellar)

The freezer trap: 3 weeks of frozen food with no way to cook it still grades an F. The freezer is a countdown clock: keep it full, open it once a day.

FIRST STEP: Write down last week's real meals, circle the shelf-stable ones, and do one top-off run: about \$50 covers 2 weeks of basic staples. Then add one way to cook without power (camp stove, grill), with 2 weeks of fuel.

HEAT

MY GRADE

- F** No plan past the thermostat
- C** A warm "sleep sanctuary" for every person: cold-rated bags, layers, hats
- B** One warm room + an indoor-rated heater + 2 weeks of fuel stored
- A** Whole-home heat with no grid needed: wood stove + 3–4 cords

Hot climate? Grade your plan for staying cool instead: F no plan · C a cool room, shaded windows, battery fans · B a small AC on 2 weeks of backup power · A off-grid power that keeps it running.

FIRST STEP: Build a sleep sanctuary for each person. Covered? Pick up an indoor-rated heater (Mr. Buddy / Big Buddy), plus a carbon monoxide detector, \$25 of cheap insurance.

- F** Flashlights and hope
- C** Essentials covered ~2 weeks: a right-sized generator with a stabilized fuel plan
- B** Generator + portable power station as a team + 2–4 weeks of fuel (well pump covered, if you have one)
- A** Solar + battery independence, power that doesn't end

Grid-tied solar that shuts off with the grid doesn't move this grade. Batteries and off-grid capability do.

FIRST STEP: Tonight, flip your main breaker for 10 minutes and write down everything that stops working. Sort it into must-haves / nice-to-haves / don't-needs. Every item you move out of the must-have pile shrinks the system you need to buy.

MY GRID-DOWN SCORECARD

WATER

FOOD

HEAT

POWER

Circle your lowest grade. That's your family's answer, and your starting point. A's in three systems can't carry an F in the fourth.

MY NEXT 24 HOURS

My weakest system: _____ Done by (date): _____

My one step: _____

The framework, from the class: **1)** Find your weakest link (circled above) **2)** Take ONE step on it in the next 24 hours **3)** Repeat next month with the next lowest grade.

You know your grades. Now close the gaps.

Real humans in your corner, every step of the way

The Ready Life Academy is where serious families get real human help to finally take action on preparedness, without guessing, wasting money, or doing it alone. In your first 30 minutes inside, the Your Next Step assessment turns this scorecard into a plan for your specific situation. And every single week, Nick & Lisa are on a live call working through members' real questions: your well, your generator, the quote in your hand.

Your class special (the discounted annual rate, locked in for as long as you stay, plus a seat at the small live Next Step Workshop, capped at 25) is open through Monday night, August 31, at 11:59 PM Pacific.

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